

Kona Kai Swim School Swim Lesson Registration Form

Swim Lessons 2014

Summer swim lessons at Kona Kai Swim & Racquet Club are scheduled Monday through Fridays from June 11 through August 1, 2012 for ages 4 years and up.

These 30 minute group lessons are designed to help children become acclimated to the water, learn water safety, and develop a proficiency of skills for swim strokes, turns, and diving.

The swim lesson program is a progressive swim skill instructional program for beginners through competitive swimmers. Use the following course descriptions for determining proper level placement.

New swimmer (NEW)

Ages (4 & Up)

(3-5 swimmers/class)

This level is the introduction to the swim pool environment and to develop a basis for safety and swimming skills. Skills taught include: full face-in the water, full head submersion, bobbing/ rhythmic breathing, kicking on front and back, supported front and back floating, kicking, and arm action.

Beginning (BEG)

Ages (4 & Up)

(3-5 swimmers/class)

This level is the reinforcement of the new swimmer skills plus the skills of front and back streamlined body position, glides without and with kicking, dog paddle, technical skill elements of freestyle and backstroke.

Intermediate (INT)

Ages (5 & Up)

(4-6 swimmers/class)

This level seeks to continue developing confidence and competency in safety and stroke skills. Skills include: deep water bobbing, treading water, introduction to breaststroke, and open turns.

Advanced (ADV)

Ages (6 & Up)

(6-8 swimmers/class)

This level further continues to develop the technical skills of freestyle, backstroke, and breaststroke. Skills include: introduction to butterfly, open and flip turns, and race starts.

Lesson Schedule

Session 1

(June 16-June 27)

*10 lessons

Session 2

(June 30-July 11)

*9 lessons

Session 3

(July 14-25)

*10 lessons

Session 4

(July 28-August 8)

*10 lessons

*Lesson time priority will be given for designated ability groups; other ability groups can be scheduled if instructor & space available

9:00- 9:30	Advanced
9:30-10:00	Advanced
10:00-10:30	Intermediate
10:30-11:00	Intermediate
11:00-11:30	New & Beginning
11:30-12:00	New & Beginning
12:00-12:30	New & Beginning/Private
12:30-1:00	New & Beginning/Private

Fees Structure

Group swim lesson (10 x 30 minutes)

Member	\$ 75.00
Non-member	\$ 85.00

Exception:

***Session 2: due to Friday, July 4th
(9 lessons)**

Member	\$ 67.50
Non-members	\$ 76.50

Semi-private swim lesson (1 x 30 minutes)

Members	\$ 17.50
Non-members	\$ 20.00

Private swim lesson (1 x 30 minutes)

Member	\$ 25.00
Non-member	\$ 30.00

Stroke Technique Lesson (1 x 30 minutes)

Member	\$25.00
Non-member	\$30.00

Swim School operating days/hours: Monday through Friday: 9:00 to 1:00 P.M.

Kona Kai Swim School Swim Lesson Registration Form

Complete the registration/release form and bring it along with your check on the first day of swim lessons:

*Please write checks payable to: "Jim Malley"

Step 1: Circle Child's Level:

NEW BEG INT ADV

Step 2: Circle Session Number(s):

Session	1	June 16-June 27	
Session	2	June 30-July 11	*nine swim lesson session-no lessons Thursday, 7/4/2013
Session	3	July 14-July 25	
Session	4	July 28-August 8	

Step 3: Circle Lesson Start Time(s):

1 st Choice:	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
2 nd Choice	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
3 rd Choice	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30

Swimmer's Information:

Member: _____

First Name Last Name Age: _____

Non-Member: _____

Parent(s) Name(s)

Address

City State Zip Code

Daytime Phone Evening Phone

E-Mail Address

Release Form

Please read and sign the following statement, so that we may process your registration. Thank you.

Agreement and Release from Liability

Except for damages arising out of willful negligence of Kona Kai Swim & Racquet Club and/or Jim Malley, I hereby agree to indemnify and hold harmless Kona Kai Swim & Racquet Club, its officers, directors and employees, and Board Members and/or Jim Malley from and against any and all liability or injuries which I or my child may suffer arising out of or in any way connected with my or my child's participation in this program. In case of emergency, arising during or in connection with any activity, I authorize any person in charge of the activity to consent to emergency transportation, medical and/or dental treatment for me or my child, at my expense. I understand that Kona Kai Swim and Racquet Club is not obligated to carry any insurance to cover medical and/or dental expenses. I agree to pay for any damages or expenses incurred by Kona Kai Swim and Racquet Club due to my or my child's negligence or disregard of the rules of the program.

***Non-members are asked to sign a Kona Kai Club release of liability form.**

***Parents of swim students' are requested to observe swim lessons from outside the fenced pool area. Seating is available outside fenced area for viewing of swim lessons.**

Participant Name Date: _____

Signature (Parent/Guardian Signature if under 18)

Please indicate any medical conditions, allergies to medications, physical limitations and medications being taken:
